

CARDIAC & DIABETES EDUCATION GROUP MEETINGS 2009

DATE	TIME	TOPIC	COORDINATOR	PLACE
January	_____	NO MEETING	_____	_____
February 12	1:30-3:00 PM	"Highs & lows of your blood pressure"	Cardiac	CONF. ROOM A/B
March 12	1:30-3:00 PM	"National Nutrition Month"	Nutrition	CONF. ROOM A/B
April 9	1:30-3:00 PM	"See into the future"	Diabetes Education	CONF. ROOM A/B
May 14	1:30-3:00 PM	"The beat goes on: Automatic external defibrillator"	Cardiac	CONF. ROOM A/B
June	_____	NO MEETING	_____	_____
July	_____	NO MEETING	_____	_____
August 13	6:30-8:00 PM	"Can lifestyle affect my health?"	All	CONF. ROOM A/B
September 10	1:30-3:00 PM	"Winter Exercise"	Diabetes Education	CONF. ROOM A/B
October 8	1:30-3:00 PM	"Meditation for health & healing"	Cardiac	CONF. ROOM A/B
November 12	1:30-3:00 PM	"Let's sleep on it"	Diabetes Education	CONF. ROOM A/B
December 10	1:30-3:00 PM	"Eat, save & be merry"	Nutrition	CONF. ROOM A/B

COORDINATORS

Diabetes – MerriLea Kylo – RN 234-5058
 Diabetes – Holly Oestreich – RN 234-3090
 Cardiac – Janet Mraz – RN 234-4937

Nutrition – Karen Gensmer – DT 234-5170
 Nutrition – Lynn Marcus – RD 234-4673
 Nutrition – Beth Nere – RD 234-4749

